

WEEKLY DIET MENU FOR BENEFICIARIES

Senior Citizens Home for 25 Beneficiaries, District- Dhemaji (Assam)

Name of the Scheme : Maintenance of Senior Citizens Home for 25 Beneficiaries.
AVAY Under IPSrC
Project Id : IP / AS / DHM / 01410
Name of the Organization : Khorapathar Sanmilita Yuvak Samaj
P.O. - Sandahkhowa, Dist. - Lakhimpur, Pin- 787054 (Assam)
Location of the Centre : Nagakhelia, Ward No-07, P.O.-Nagakhelia, Dist. - Dhemaji, Pin- 787057 (Assam)

Week Days	Morning Tea	Breakfast	Lunch	Evening Tea	Dinner
Monday	Black tea with biscuits	Bread, Jam & Boil Egg	Rice, Dal, Veg. & Boil Egg.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.
Tuesday	Black tea with biscuits	Suji Halwa	Rice, Dal & Vegetables.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.
Wednesday	Black tea with biscuits	Khichri	Rice, Dal & Veg. & Fish.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.
Thursday	Black tea with biscuits	Bread, Jam & Boil Egg	Rice, Dal & Vegetables.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.
Friday	Black tea with biscuits	Suji Halwa	Rice, Dal & Veg. & Paneer.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.
Saturday	Black tea with biscuits	Khichri	Rice, Dal & Vegetables.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.
Sunday	Black tea with biscuits	Milk with fruits	Rice, Dal & Veg. & Meat.	Tea with Biscuits / Bread	Rice, Dal & Vegetables.

Hem Ch. Boruah

General Secretary
Khorapathar Sanmilita Yuvak Samaj
Sandahkhowa, Lakhimpur (Assam)